

Magnetic Island Community Care (MICare) cares for the frail aged, those younger with disabilities, and carers in our community. It offers centre-based day care, social support, respite care, transport, counseling/support, information and advocacy, meals on wheels and domestic assistance.

MICare also provides services to aged and disabled visitors of Magnetic Island. They also provide mobility and assistive equipment such as shower chairs to holiday makers if they need assistance. For more information view/download their [MICare Service Users Handbook](http://whatsonmagneticisland.com.au/images/stories/events/micare_service_users_handbook.pdf).

Download the handy [Seniors Useful Phone Number](images/stories/handyinfo/seniors_useful_numbers.pdf) list. You can also check the daily What's On calendar for weekly activities.

For more information on MICC email info@micare.org.au or call **4758 1506.**